



Wellness Program

Find mental, physical and emotional balance
at Krystal Grand Nuevo Vallarta.

Wellness Program



Exquisite freshly prepared natural fruit smoothies, with various options including a variety of grains and milks. Visual identification system in our menu. Each dish is accompanied by images clearly indicating the presence of various allergens in its preparation.



In our restaurants, each dish is carefully crafted and tailored to your specific needs or restrictions, enjoy a personalized gastronomic experience.

Exclusive section in the buffet, dedicated to healthy choices with a variety of options including light, gluten-free, and vegan products, designed to nourish your body while you enjoy your vacation.

Wellness Program



We have a physical activation center with three equipped areas for different activities: weights, cardio and yoga.

It has a hydration bar, water infusion with different flavors every day, and towels.

Daily activities*:

Stretching Yoga

Aquaerobics

Zumba

Pool and/or beach volleyball

Relaxation classes.

*Schedule may vary

Wellness Program



Wellness Center “Eternity Spa”

Renew your senses by enjoying our range of massages: relaxing, deep tissue, hot stones, and experiences for couples. Explore our selection of treatments using the Vagheggi product line, which provides healthy benefits for the skin, including deep cleansing facials, nourishing treatments and anti-aging options. Body treatments, including exfoliation and masks, will renew the skin's texture, providing moisture and luminosity.

Detoxify your body with a sauna and jacuzzi session, which helps release toxins, reduces stress levels and enhances circulation

*Additional charges apply.